

CURRICULUM VITAE



Dr Binod Bindu Sharma

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Career objective

I aspire to pursue a fulfilling career within a dynamic and knowledge-oriented work setting. My goal is to effectively utilize and enhance my skills and expertise to contribute to personal and organizational growth. My focus is on Health Systems, Governance, and social development, aiming to enhance health and well-being in various individuals and communities.

Personal profile

I have accumulated extensive expertise over a span of over 25 years in professional roles, complemented by strong leadership capabilities. My dedication is directed towards advancing the development of future health systems and operations, aligning them with the current context. I have a unique ability to shape effective policies and promote improved outcomes, skillfully turning challenges into opportunities for progress. Throughout my career, I've gained valuable insights and skills from a range of experiences at local, national, and global levels. This accumulation significantly enhances my capacity to drive positive changes.

Personal details

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| Date of birth | 31 July 1967 |
| Gender | Male |
| Nationality | Nepali |
| Marital Status | Married |
| Permanent Address | Pokhara Metropolitan city – 26 Gandaki Province, Nepal |

Work experience

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| Name and address of employer | Ministry of Social Development and Health, Gandaki Province, Pokhara, Nepal |
| Nature of organization | Province Government Ministry responsible for health sector |
| Dates | Jan 2023 Hitherto and June 2021 to March 2022 |
| Position held | Secretary |
| Main activities and responsibilities | <ul style="list-style-type: none">Offered administrative and managerial guidance to the provincial government.Oversaw healthcare programs, human resources, administration, and finances of the ministry.Led initiatives to enhance the evacuation of women facing obstructed emergencies in Nepal. For further details, please refer to the accompanying video documentary. https://www.youtube.com/watch?v=62cKmKBawr8Contributed to develop concepts, piloted and consistently engaged in improving the health and education of girls through the provision of free sanitary napkins to schoolgirls essential to continue their education. As a result, the government of Nepal |

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| | decided to roll out the program throughout the country with the budget USD 12 million annually to run the program nationally. |
| Name and address of employer | Office of the Chief Minister and Council of Ministers, Gandaki province, Pokhara, Nepal |
| Nature of organization | Province Government apex governing agency |
| Dates | March 2022 - Jan 2023 |
| Position held | Chief Health Education Administrator |
| Main activities and responsibilities | <ul style="list-style-type: none"> ▪ Offered advice to the Honorable Chief Minister on matters related to healthcare policy and programs. ▪ Assumed comprehensive leadership in healthcare planning and implementation. ▪ Spearheaded health promotion within all sectoral ministerial plans. ▪ Coordinated with external donor partners on health-related issues. ▪ Explored, endorsed, and harnessed innovations in healthcare delivery systems. |
| Name and address of employer | Health Directorate |
| Nature of organization | Strategic planning, implementing, and monitoring agency of province government |
| Dates | Jul 2019 - June 2021 |
| Position held | Director |
| Main activities and responsibilities | <ul style="list-style-type: none"> ▪ Implemented the initiative "Community education through singing health messages" within the control population. ▪ Collaborated with various federal and provincial ministries to execute the air retrieval of women with obstructed emergencies from remote villages. ▪ Designed, developed and implemented a pilot program for distributing sanitary pads to schoolgirls (critical for sustaining their education) in Gandaki province. Subsequently, leveraging the findings, I advocated and lobbied to the federal government for nationwide rollout. Presently, the program caters to over 2.2 million girls in Nepal, supported by an annual government funding of USD 12 million. ▪ Orchestrated complementary health clinics in rural communities. ▪ Led the health promotion thematic group as a group leader during the formulation of the provincial health policy. ▪ Formulated both long-term and short-term health program strategies. ▪ Conducted cost-effectiveness evaluations of the budget. ▪ Organized consultative workshops for stakeholders and subsequently collaborated with them to enhance program outcomes. |

- Arranged and facilitated review and planning workshops at local and provincial levels.
- Managed human and financial resources effectively.
- Documented program activities and reported on progress.

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| Name and address of employer | University of Newcastle, Australia, Callaghan NSW 2308 |
| Nature of organization | Academic institution |
| Dates | June 2020- Hitherto |
| Position held | Adjunct Lecturer |
| Main activities and responsibilities | <ul style="list-style-type: none"> ▪ Engaged in teaching and research responsibilities. ▪ Created research proposals. ▪ Collaborated with the research team to identify potential grant opportunities. ▪ Worked with the research team to assess the appropriateness of grant areas. ▪ Facilitated consensus-building; if endorsed for application, initiated the development of grant proposals. |
| Name and address of the employer | National Health Education, Information and Communication Centre, Ministry of Health and Population, Kathmandu, Nepal |
| Nature of organization | Governmental organization |
| Date | Mar 2014 - Oct 2014 |
| Position held | Director |
| Main activities and responsibilities | <ul style="list-style-type: none"> ▪ Created and executed nationwide health communication initiatives. ▪ Collaborated with both national and international agencies to ensure efficient and coordinated health communication programs. ▪ Assumed a leadership role in the national tobacco control program. ▪ Worked alongside various media and communication experts to orchestrate harmonized health communication endeavors. ▪ Provided assistance and oversight for district health communication programs. ▪ Oversaw human resources, financial matters, and administrative functions. |
| Name and address of employer | Regional Health Training Center, Western Region, Pokhara & Regional Health Training Center, Mid-Western Region, Surkhet, Nepal |
| Nature of organization | Government organization |
| Date | Oct 1995 - Mar 2014 |
| Position held | Director |

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| Main activities and responsibilities | <ul style="list-style-type: none"> Conducted surveys to assess training requirements. Created training curricula and manuals for district health managers and workers. Led training sessions and assessed the effectiveness of training programs. Organized international training programs and hosted short-term international training tours for delegates. Recorded and shared the performance of training programs, including personnel management and financial administration. Oversaw human resources, finances, and administrative tasks. |
| Name and address of employer | Peace Corps/ Nepal |
| Nature of organization | The United States government agency for International Development |
| Date | Aug - Dec 1998 and Sep - Nov 2000 |
| Position held | Technical Training Coordinator |
| Main activities and responsibilities | <ul style="list-style-type: none"> Orchestrated two pre-service training programs for American volunteers ahead of their two-year volunteering assignments in Nepal. Managed language, cultural, and social interactions, along with subject-specific training and immersion programs within the local communities. Created training curricula. Delivered pre-service training to Water Sanitation Coordinators (American citizens) focusing on health, water, and sanitation programs. Arranged sessions on cross-cultural adaptation and facilitated cultural learning experiences. Assessed the effectiveness of the training program and formulated a technical manual. |
| Name and address of employer | Swiss Red Cross, eye care program, Fateh Bal Eye Hospital, Nepal |
| Nature of organization | International humanitarian agency |
| Date | Apr 1995 - Oct 1995 |
| Position held | Ophthalmic Officer/ Regional Health Educator |
| Main activities and responsibilities | <ul style="list-style-type: none"> Carried out surveys to assess the eye health needs of the community. Extended the reach of community eye care volunteer programs to encompass four districts. Arranged workshops on health education management for district eye care managers. Coordinated and supervised community eye care camps in collaboration with local communities. |

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| | <ul style="list-style-type: none"> Implemented eye health education and promotion campaigns within both communities and schools. |
| Name and address of employer | Swiss Red Cross, eye care program, Nepal Primary Eye Care Centre, Bardia, Nepal |
| Nature of organization | International humanitarian agency |
| Date | Aug 1987 - Apr 1995 |
| Position held | In-Charge |
| Main activities and responsibilities | <ul style="list-style-type: none"> Collaborated with local governmental organizations, international non-governmental organizations (INGOs), and non-governmental organizations (NGOs) to ensure the effective execution of eye care initiatives. Introduced a community eye care volunteer program in collaboration with the local Red Cross chapter and the community. This program later expanded to cover four districts. Strategized and executed foundational training for community eye care volunteers. Orchestrated community eye care camps with the assistance of trained volunteers, fostering community engagement. Provided support and oversaw daily office administration. Conducted eye examinations and minor surgical procedures. Documented and reported outreach programs and stationary clinic events. Managed human resources, finances, and administrative tasks. |

Other work experiences and professional assignments

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| Dec 2018 – June 2019 | Student Researcher at University of Newcastle, Australia, Callaghan NSW 2308 |
| Oct 2014 - Nov 2018 | PhD Researcher at University of Newcastle, Australia, Callaghan NSW 2308 |
| Dec 2020 | Chair, Gandaki province Health Policy Development High-level Committee |
| Mar 2020- Mar 2022 | Director, Incident command and Spokesperson: Gandaki province government COVID-19 program |
| Apr 2014 | Member, National Health Policy Development Thematic Committee, Nepal |
| 2014 - 2016 | Vice President, Health Promotion and Education Association, Nepal |
| 2009 - 2013 | Member, Public Health Subject Committee – Pokhara University |
| Jan - 2010 | Member, Curriculum Development Committee for Master of Public Health Program, Pokhara University, Nepal |
| Feb - 2006 | Member, Secretary, International Health Training Centre Development Committee, Ministry of Health and Population, Nepal |
| Since 2011 | Member, Rotary International, Rotary Club of Pokhara Fishtail |

Academic qualifications

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| Degree of qualification | Doctor of Philosophy in Public Health and Behavioural Sciences |
| Name and address of academic institution | University of Newcastle, Australia |
| Graduation year | 2019 |
| Degree of qualification | Master of Public Health |
| Name and address of academic institution | State University of Bangladesh, Bangladesh |
| Graduation year | 2006 |
| Degree of qualification | Master of Sociology |
| Name and address of academic institution | Tribhuvan University, Nepal |
| Graduation year | 2000 |
| Degree of qualification | Diploma in Health Education |
| Name and address of academic institution | Tamil Nadu Dr MGR Medical University, India |
| Graduation year | 1994 |
| Degree of qualification | Bachelor of Humanities |
| Name and address of academic institution | Tribhuvan University, Nepal |
| Graduation year | 1992 |
| Degree of qualification | Certificate in Ophthalmology |
| Name and address of academic institution | Council of Technical Education and Vocational Training (CTEVT), Nepal |
| Graduation year | 1989 |

Trainings and professional development

- 2012 Training on “The Autonomous Health Training Institute”
College of Public Health Sciences, Chulalongkorn University, held in Thailand, March 15-17
- 2008 Training on Regional Field Epidemiology - 3 months
National Institute of Communicable Diseases NICD / WHO / SEARO, held in Delhi, India
- 2007 International Training Workshop on Physical Activity and Public Health – 3 days, WHO, CDC, held in Bangkok, Thailand
- 2007 Health Executive Development Program (HEDP) - 45 days, Department of Health Services, Nepal Administrative Staff College, WHO/Nepal
- 2004 Training Program on Capacity Building of Local Institutions - 42 days, Nepal Administrative Staff College, Nepal
- 2004 Training of Trainers Course on Enhancing Competence of Trainers especially on Development of Leadership, Community Participation, Operational Research and Training Evaluation - 11 days, Indian Institute of Health Management Research, (IIHMR) held in Jaipur, India
- 2004 Training for Trainers: Decentralized Management & Planning for Health - 11 days, Ministry of Health, British Council, Nuffield Institute for Health, UK
- 2002 Training Workshop on Basic Radio Magazine Production - 5 days, National Health Education, Information and Communication Centre, Nepal Safer Motherhood Project, Nepal

- 2001 Training on Nepal Advances in Health Communication and Advocacy - 12 days, The Johns Hopkins University / School of Hygiene and Public Health, held in Nepal
- 2000 Participated in the Youth Invitation Program for the promotion of understanding amongst youths, held in Japan - 1 month – Japan International Cooperation Agency (JICA)
- 2000 Training of Master Trainers on Strengthening District Health Training Capacity -15 days, Nepal Administrative Staff College
- 2000 Training on "Through the Gender Lens - A Practical Approach for Reproductive Health Behaviour Change Communication Programs" - 5 days, The Johns Hopkins University / Population Communication Services, held in Nepal
- 1997 International Training of Trainers on District Health Care Management - 3 months
The Royal Tropical Institute (KIT) held in Amsterdam, The Netherlands
- 1997 Training of Master Trainers on Logistics Management - 5 days, National Health Training Centre, Logistics Management Division, John Snow Inc.
- 1997 Training of Trainers on Family Planning Counselling - 12 days, Government of Nepal, National Health Training Centre, Kathmandu, Nepal

Conferences/seminars

- Attended the 66th Annual Scientific Meeting of the Society for Reproductive Investigation in Paris, France, held from March 12-16, 2019.
- Presented research findings at the 65th Annual Scientific Meeting of the Society for Reproductive Investigation (SRI) in San Diego, USA, from March 7-10, 2018.
- Participated in the 2nd Meeting of World Health Organization National Counterparts for Alcohol at the WHO Headquarters in Geneva, Switzerland, from May 12-14, 2014.
- Showcased Nepal's initiatives on maternal health issues at the 67th Session of the World Health Assembly (WHA) at the UN Palais Des Nations in Geneva, Switzerland, from May 19-24, 2014.
- Led the Government delegation to study Mobile Health (m-Health) promotion initiatives in the Philippines, organized by Johns Hopkins University, Centre for Communication Programs (JHU CCP), in 2014.
- Headed a team of Senior Officials from the Ministry of Health and Population on a trip organized by WHO/Nepal to observe WHO Collaborating Center and Primary Health Care training programs in Sri Lanka, from September 18-22, 2014.

Research and publications

1. **Sharma BB**, Jones L, Loxton DJ, Booth D, Smith R: Systematic review of community participation interventions to improve maternal health outcomes in rural South Asia. BMC Pregnancy and Childbirth 2018, 18(1):327. <https://doi.org/10.1186/s12884-018-1964-1>
2. **Sharma BB**, Loxton DJ, Murray H, Angeli GL, Oldmeadow C, Chiu S, Smith R: A first step to improving maternal mortality in a low literacy setting; the successful use of singing to improve knowledge regarding antenatal care. American Journal of Obstetrics and Gynecology. <https://doi.org/10.1016/j.ajog.2018.09.038>. An intervention research video was also published along with the article, link: <https://youtu.be/wMATlewi-ME>)
3. **Sharma BB**, Loxton DJ, Murray H, Angeli GL, Oldmeadow C, Chiu S, Smith R: Use of Songs Leads to Long-term Improvement in Knowledge of Antenatal Care in a Predominantly Illiterate Community.

4. **Sharma BB**, Loxton DJ, Murray H, Angeli GL, Oldmeadow C, Chiu S, Smith R: In Nepal a Culturally Appropriate Method of Education Regarding Antenatal and Delivery Care was Highly Effective in Changing Behaviour. Reproductive Sciences, Vol. 26, issue:1,suppl, page(s): 62A-390A March 2019 <https://doi.org/10.1177/1933719119834079>
5. Intervention research eBook
Link: <http://au.blurb.com/ebooks/654417-pathways-to-improving-maternal-mortality-in-remote-rural-nepal>
6. **Sharma BB**: PhD Thesis; Pathways to Improving Maternal Mortality in Rural Nepal
The University of Newcastle, Australia <https://nova.newcastle.edu.au/vital/access/manager/Index>
<http://hdl.handle.net/1959.13/1402873>
7. **Sharma BB**, Review of the Safe Motherhood Policy (1999) of Nepal (Not yet published). Link: <https://drive.google.com/file/d/1VefOisySKoOrrQUBCbAOzHq7eYV3dwO1/view?usp=sharing>
8. **Sharma BB**, Reducing the Second and Third Delays Leading to Maternal Mortality in Low-Middle Income Countries, March 24, 2023, Population and Global Health, <https://www.abstractsonline.com/pp8/#!/10786/presentation/1127>

Awards and recognition

- Received a full scholarship from the Swiss Red Cross to pursue a Diploma in Health Education and Promotion in India in 1993.
- Earned a full scholarship from UNFPA, Nepal to pursue a Master of Public Health in Bangladesh in 2005.
- Was honored with the prestigious "Nepal Bidhya Bhushan Kha" National Medal in 2010 by then-President of Nepal, Dr. Ram Baran Yadav, for achieving the highest marks (CGPA 4/4) and ranking in the University of Bangladesh during the Master of Public Health (MPH) program.
- Secured a full scholarship from the University of Newcastle, Australia for doctoral studies in Public Health and Behavioural Sciences from 2014 to 2018.
- Received the Emlyn and Jennie Thomas Postgraduate Medical Research Scholarships in 2016.
- Granted the Jennie Thomas Travel Grant in 2016 for intervention research conducted in Nepal.
- Received Travel Awards to participate and present research findings at the 66th Annual Scientific Meeting of the Society for Reproductive Investigation held in Paris, France (March 12-16, 2019).
- Recognized as the recipient of "The Best Employee Award" by the Gandaki Province Government in 2021.

Language proficiency (Self- assessment)

| Language | Understanding | Speaking | Writing |
|----------|---------------|-----------|-----------|
| Nepali | Excellent | Excellent | Excellent |
| English | Excellent | Excellent | Excellent |
| Hindi | Excellent | Excellent | Excellent |

Professional skills and competencies

- Possess strong knowledge and skills in policy development, planning, program implementation, monitoring, and resource management.
- Exhibit a deep ability to work autonomously and collaboratively within teams. Self-motivated and confident with adept training and facilitation skills.
- Skilled in developing proposals, managing data, conducting analysis, and crafting comprehensive reports for research and projects.
- Proficient in using computer tools such as Microsoft Office (Word, Excel, PowerPoint, Outlook), SPSS, R, and EndNote.
- Demonstrate dedication and enthusiasm for work, with a capability to perform effectively under pressure to meet performance standards.
- Display the capacity to tackle challenging tasks and operate sensitively and efficiently in diverse cultural contexts.
- Excel in communication and interpersonal interactions.
- Possess extensive knowledge of Nepal's Health Systems within the federal framework and a comprehensive understanding of global health issues.

References

**Distinguished Laureate Prof.
Roger Smith AM**
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